



Northern Trails – Blueprint EP

About the release

Blueprint EP is the second EP from Northern Trails — five tracks that map the full emotional terrain of love: its pull, its pain, its quiet devastation, and its strange beauty.

Following up on the debut *Hearts Went Frozen EP*, the band returns with a sharper, deeper sound. From the restless longing of the title track to the raw surrender of *Quiet Come*, *Blueprint*

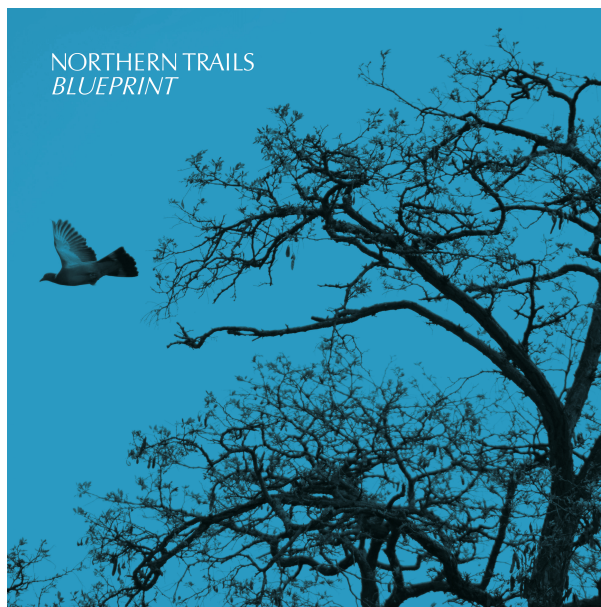
EP is an honest and sweeping portrait of what it means to give everything, experience the blessing and the curse of connecting with someone, and sometimes be left holding on to nothing.

Recorded and produced by Northern Trails.

Mixed and mastered by Martin Antonsson.

Cover typography by Håkan Ängquist.

Blueprint EP is out July 8th 2026 on Tintonic Music.



Details

Title:	Blueprint EP
Artist:	Northern Trails
Release date:	July 8th 2026
Label:	Tintonic

Cat.no.:	TIN2608
UPC:	820233686082
Contact:	Thomas Isberg +46 70 751 15 13 thomas@tintonicmusic.com

Tracks

	Title	Duration	ISRC
1.	Blueprint	3:17	SEVUC2600010
2.	Me and My Gold	6:05	SEVUC2600003
3.	Feathers	4:50	SEVUC2600002
4.	Blind Bird	4:12	SEVUC2600009
5.	Quiet Come	3:55	SEVUC2600011

Links

Label website:	https://tintonicmusic.com/releases/blueprint-ep
Artist website:	https://northerntrails.se/en/

About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.



Since then the band has built a steady catalogue of singles and a growing reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at thomas@tintonicmusic.com

Upcoming shows

Date	Venue	City
August 22nd 2026	Carlsson på Kafen	Västerås
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

Northern Trails members

Thomas Isberg – vocals and guitar.

Christer Tinnerholm – bass guitar and backing vocals.

Per Larsson – guitar.

Ulf Eklund – drums and backing vocals.

Thomas Strömbom – keyboards and piano.