



# Northern Trails – Everything I Need

## About the release

Christmas music from Northern Trails. *Everything I Need* is a song about getting close and appreciating the moment. It was written and recorded in the middle of December 2023, so far too late to be able to compete with *Last Christmas*. But it turned out too good to not release and Christmas next year just felt too far away.



## Details

Title:	Everything I Need
Artist:	Northern Trails
Release date:	December 16th 2023
Label:	Tintonic
Cat.no.:	TIN2305
UPC:	197190761986
Contact:	Thomas Isberg +46 70 751 15 13 <a href="mailto:thomas@tintonicmusic.com">thomas@tintonicmusic.com</a>

## Tracks

	Title	Duration	ISRC
1.	Everything I Need	3:04	SEVUC2300008

## Links

Label website:	<a href="https://tintonicmusic.com/releases/everything-i-need">https://tintonicmusic.com/releases/everything-i-need</a>
Artist website:	<a href="https://northerntrails.se/en/">https://northerntrails.se/en/</a>

## About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.

Since then the band has built a steady catalogue of singles and a growing



reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at [thomas@tintonicmusic.com](mailto:thomas@tintonicmusic.com)

## Upcoming releases

Date	Title	Format
June 3rd 2026	Me and My Gold	Single

## Upcoming shows

Date	Venue	City
May 30th 2026	Ditt Kvarter	Umeå
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

## Northern Trails members

**Thomas Isberg** – vocals and guitar.

**Christer Tinnerholm** – bass guitar and backing vocals.

**Per Larsson** – guitar.

**Ulf Eklund** – drums and backing vocals.

**Thomas Strömbom** – keyboards and piano.