



# Northern Trails – Hearts Went Frozen EP

## About the release

Northern Trails loves to put love in the hands of maniacs. The songs on *Hearts Went Frozen EP* are relationship reflections by characters well aware of their twisted morals and lack of social skills. There's a dark energy driving the lyrics, but the energizing music and poetic language still deliver relatable and likeable love songs.



Northern Trails are rooted in Americana, 90s Britpop and Swedish indie pop tradition. The band dresses timeless and melancholic melodies in Americana costumes and adorns them with genre-crossing pearls. The recordings on *Hearts Went Frozen EP* are based on live performances. It is important for the band to capture human imperfection and spontaneity while at the same time sounding neat and well-packaged.

## Details

Title:	Hearts Went Frozen EP
Artist:	Northern Trails
Release date:	November 9th 2023
Label:	Tintonic
Cat.no.:	TIN2304

UPC:	197190219777
Contact:	Thomas Isberg +46 70 751 15 13 <a href="mailto:thomas@tintonicmusic.com">thomas@tintonicmusic.com</a>

## Tracks

	Title	Duration	ISRC
1.	AQ	04:27	SEVUC2300001
2.	Hearts Went Frozen	04:19	SEVUC2300003
3.	Please Let Me Down	05:33	SEVUC2300005
4.	Sun Song	03:51	SEVUC2300006
5.	Black And Blue	5:10	SEVUC2300007

## Links

Label website:	<a href="https://tintonicmusic.com/releases/hearts-went-frozen-ep">https://tintonicmusic.com/releases/hearts-went-frozen-ep</a>
Artist website:	<a href="https://northerntrails.se/en/">https://northerntrails.se/en/</a>

## About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.



Since then the band has built a steady catalogue of singles and a growing reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at [thomas@tintonicmusic.com](mailto:thomas@tintonicmusic.com)

## Upcoming releases

Date	Title	Format
June 3rd 2026	Me and My Gold	Single

## Upcoming shows

Date	Venue	City
May 30th 2026	Ditt Kvarter	Umeå
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

## **Northern Trails members**

**Thomas Isberg** – vocals and guitar.

**Christer Tinnerholm** – bass guitar and backing vocals.

**Per Larsson** – guitar.

**Ulf Eklund** – drums and backing vocals.

**Thomas Strömbom** – keyboards and piano.