



Northern Trails – Hearts Went Frozen

About the release

Hearts Went Frozen is inspired by the TV show *Dexter*, where the main character Dexter Morgan is hard to dislike despite being a serial killer and in reality impossible to sympathize with. The song takes place in the thoughts of a self-pitying psychopath and is an americana influenced indie rock track with a whistle hook that draws the mind to Ennio Morricone's masterpiece *The Good, The Bad and The Ugly*.



Details

Title:	Hearts Went Frozen
Artist:	Northern Trails
Release date:	August 31st 2023
Label:	Tintonic
Cat.no.:	TIN2303
UPC:	197189171673
Contact:	Thomas Isberg +46 70 751 15 13 thomas@tintonicmusic.com

Tracks

	Title	Duration	ISRC
1.	Hearts Went Frozen	04:19	SEVUC2300003
2.	Hearts Went Frozen (Radio Edit)	03:20	SEVUC2300004

Links

Label website:	https://tintonicmusic.com/releases/hearts-went-frozen
Artist website:	https://northerntrails.se/en/

About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.



Since then the band has built a steady catalogue of singles and a growing reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at thomas@tintonicmusic.com

Upcoming shows

Date	Venue	City
August 22nd 2026	Carlsson på Kafen	Västerås
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

Northern Trails members

Thomas Isberg – vocals and guitar.

Christer Tinnerholm – bass guitar and backing vocals.

Per Larsson – guitar.

Ulf Eklund – drums and backing vocals.

Thomas Strömbom – keyboards and piano.