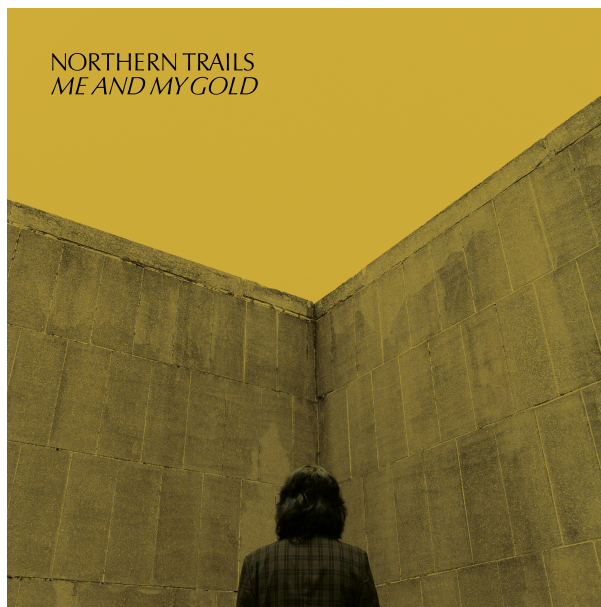




Northern Trails – Me and My Gold

About the release

Me and My Gold is the second single out from *Northern Trails* this spring, in a series of releases that will culminate in an EP this summer. It is a song about longing for change while gripping the patterns you can't quite bring yourself to break – an indie rock anthem with a vocal delivery that pays respect to *Rufus Wainwright*'s unguarded emotionalism. The song has been closing the band's live sets all year, earning encores time after time.



Recorded and produced by Northern Trails.

Mixed and mastered by Martin Antonsson.

Cover typography by Håkan Ängquist.

Me and My Gold is out June 3, 2026 on Tintonic Music.

For all enquiries, contact Northern Trails at:

thomas@tintonicmusic.com

Details

Title:	Me and My Gold
Artist:	Northern Trails
Release date:	June 3rd 2026
Label:	Tintonic

Cat.no.:	TIN2603
Contact:	Thomas Isberg +46 70 751 15 13 thomas@tintonicmusic.com

Tracks

	Title	Duration	ISRC
1.	Me and My Gold	6:05	SEVUC2600003
2.	Feathers	4:50	SEVUC2600002

Links

Label website:	https://tintonicmusic.com/releases/me-and-my-gold
Artist website:	https://northerntrails.se/en/

About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.



Since then the band has built a steady catalogue of singles and a growing reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at thomas@tintonicmusic.com

Upcoming shows

Date	Venue	City
August 22nd 2026	Carlsson på Kafen	Västerås
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

Northern Trails members

Thomas Isberg – vocals and guitar.

Christer Tinnerholm – bass guitar and backing vocals.

Per Larsson – guitar.

Ulf Eklund – drums and backing vocals.

Thomas Strömbom – keyboards and piano.