



Northern Trails – Through The Grain

About the release

Through the Grain was written as a tribute to moments when you feel like everything suddenly clears up and you step over the threshold to new territory – something that can happen after a long struggle to learn something new, but can just as well happen in an instant with a glass of beer.

The song was first released as opening track on *My Mind Is Open* – an LP with Uppsala based bands released by Open Mind Records in December 2023. Now it's also available for streaming, although in a slightly different version with a banjo that is not included in the LP version.



Details

Title:	Through The Grain
Artist:	Northern Trails
Release date:	March 7th 2024
Label:	Tintonic
Cat.no.:	TIN2401
UPC:	198391276279
Contact:	Thomas Isberg +46 70 751 15 13 thomas@tintonicmusic.com

Tracks

	Title	Duration	ISRC
1.	Through The Grain	4:35	SEVUC2400001

Links

Label website:	https://tintonicmusic.com/releases/through-the-grain
Artist website:	https://northerntrails.se/en/

About Northern Trails

Northern Trails make warm, melody-first guitar pop that feels like it was always there — somewhere between the emotional depth of R.E.M.'s *Automatic for the People*, the sweeping melodic instincts of Keane, and the quiet grandeur of early Coldplay. Rooted in the 90s indie tradition, they make music for people who still believe in the power of a well-written song.

The band came together in Uppsala, Sweden in May 2022, when Christer Tinnerholm and Thomas Isberg decided it was time to spend a little less time on ultra running and a little more on pop music. Joined by Per Larsson and Ulf Eklund, they recorded *Hearts Went Frozen EP* and released it late 2023. Thomas Strömbom heard the single *AQ* on Swedish radio and asked if the band needed a keyboard player. Northern Trails has performed as a quintet ever since.

Since then the band has built a steady catalogue of singles and a growing



reputation on the Swedish live circuit. In spring/summer 2026 they return with a run of new singles and a new EP.

For all enquiries contact Northern Trails at thomas@tintonicmusic.com

Upcoming releases

Date	Title	Format
June 3rd 2026	Me and My Gold	Single

Upcoming shows

Date	Venue	City
May 30th 2026	Ditt Kvarter	Umeå
September 5th 2026	William's Pub	Uppsala
January 30th 2027	The Kaliber Room	Uppsala

Northern Trails members

Thomas Isberg – vocals and guitar.

Christer Tinnerholm – bass guitar and backing vocals.

Per Larsson – guitar.

Ulf Eklund – drums and backing vocals.

Thomas Strömbom – keyboards and piano.